

16th Annual Interdisciplinary Transplant Symposium

Registration Required For This Hybrid Event

Please use link: https://hhchealth.cloud-cme.com/Transplant_2022 or QR code:



WHEN: Wednesday, September 21, 2022, 7:15AM-4:00PM

WHERE: TPC River Highlands 1 Golf Club Rd Cromwell, CT & Via Zoom

COST: \$100 Early Registration \$80 until 8/22/22

OVERVIEW

Solid organ transplantation has become the standard of care for individuals with end-stage kidney, liver, or heart disease. There are more than 107,000 people in the United States on the United Network for Organ Sharing wait list. Advances through research have significantly impacted the success rates of transplantation, resulting in increased life years and improved quality of life for transplant recipients. Care of patients both pre and post-transplant is conducted in collaboration with community providers. Participants who attend this symposium will be able to apply updated therapies to the care of individuals with end-stage organ disease.

OBJECTIVES

- Identify lifestyle modifications to optimize health in the older adult population prior to transplant.
- Define barriers to transplant based on frailty.
- Identify the social determinants of Health and the definition of healthcare disparities.
- Explain how GFR equations differentially influence access to renal care and kidney transplantation across racial groups.
- Detect likelihood of bias in transplant evaluation with regards to substance use vs misuse.
- Discuss patient's options when transplant is no longer a viable option.



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- Review the process of standard selection in transplant.
- Identify the physiologic changes associated with normal aging in relation to immunosuppression and anti-infective absorption, distribution, metabolism, and excretion.
- Apply strategies to enhance the safety, effectiveness and adherence of transplant medications.
- Identify the role of palliative care in the transplant population.
- Examine where subconscious or unconscious bias may exist.
- Define the ethical principles of efficiency and equity as related to organ procurement and allocation.

Financial Disclosures: The speakers, planners, and directors of this event have no financial conflicts of interest in regards to the content of this program.

Accreditation & Credit Designation Statements: In support of improving patient care, Hartford HealthCare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

- **Physicians:** Hartford HealthCare designates this Live Activity for a maximum of **6.5 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- **Nurses:** This activity is designated for a maximum of **6.5 ANCC** contact hours.
- **Pharmacists and Pharmacy Techs:** This activity is approved for **6.5 CPE** contact hours. ACPE UAN: JA4008261-0000-22-010-L01-P and JA4008261-0000-22-010-L01-T. Awarding of credit is based on completing an activity evaluation form.
- **Social Workers:** As a Jointly Accredited Organization, Hartford HealthCare is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive **6.5 General** continuing education credits.
- **Dieticians:** In process
- **Certified Clinical Transplant Coordinator:** The ABTC Board of Governors has granted a total of **6.5 Category I** Continuing Education Points for Transplant Certification (CEPTC) to the 16th Annual Interdisciplinary Transplant Symposium.
- **Other Learners:** All other learners will receive a Certificate of Participation for **6.5** hours of education. Consult your professional licensing board regarding the applicability and acceptance of certificates of participation for educational activities certified for **AMA PRA Category 1 Credit™** from organizations accredited by Joint Accreditation for Interprofessional Continuing Education.



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Schedule

7:15-7:45 AM **Registration and Continental Breakfast**

7:45 AM-8:00 AM **Opening Remarks**

Glyn Morgan MD, MSc, FRCSC, FACS, Chief of Transplant Surgery, Hartford Healthcare

8:00-8:15 AM **Setting the Stage**

Sarah Parmelee, MHS, MSN, APRN, FNP-BC, Transplant Program, Hartford Healthcare

8:15-9:00 AM **How to Utilize Lifestyle as Medicine Throughout Transplantation for Older Patients**

Brad Biskup, PA-C, dipACLM, MHS, MA, Lifestyle Medicine, Hartford Healthcare

9:00-9:30 AM **Assessing and Combating Frailty in Transplant Patients**

David Monti, MD, Medical Director, IRU Physical Medicine & Rehabilitation, Hartford Healthcare

9:30-10:00 AM **Neurocognitive Considerations in the Pre-Transplant Evaluation**

Evan Fox, MD, Department of Psychiatry, Hartford Healthcare

10:00-10:15 AM **BREAK**

10:15-10:45 AM **Drug Therapy in Solid Organ Transplant Recipients: Considerations for the Older Adult**

Kristen Marti, PharmD, BCPS Clinical Transplant Specialist, Hartford Healthcare

10:45-11:15 AM **Essential Palliative Care Concepts in Transplant Medicine**

Ross Albert, MD, PhD, FAAFP, FAAHPM, Hospice and Palliative Care Medical Director Hartford Healthcare

11:15-11:45 AM **Panel Discussion**

Moderator: Sarah Parmelee, MHS, MSN, APRN, FNP-BD, Transplant Program, Hartford Healthcare

11:45 AM-12:45 PM **LUNCH**

12:45-1:00 PM **Setting the Stage**

Glyn Morgan MD, MSc, FRCSC, FACS Chief of Transplant Surgery, Hartford Healthcare

1:00-1:30 PM **Disparities in Kidney Transplantation: Reassessing the Inclusion of Race in Diagnosing Kidney Diseases**

Oscar K. Serrano, MD, MBA, FACS, Transplant Surgeon, Hartford Healthcare

1:30-2:00 PM **Identifying Disparities Amongst Insurance Coverage**

Betzaida Lopez, MS Sr. Transplant Financial Coordinator, Hartford Healthcare

2:00-2:30 PM **The Substances We Use and the Choices We Make: Addressing Substance Use Disorder Disparities in Transplant Evaluation**

Alejandro Gonzalez-Restrepo, MD, Psychiatry, Hartford Healthcare

2:30-2:40 PM **BREAK**

2:40-3:25 PM **Givers and Receivers Sharing Humanity: "Thirteen Ways of Looking at a Blackbird"**

Barbara Jacobs, MPH, PhD, RN, HEC-C, Clinical Ethics, Hartford Healthcare

3:25-3:50 PM **Panel Discussion**

Moderator: Glyn Morgan MD, MSc, FRCSC, FACS Chief of Transplant Surgery, Hartford Healthcare

3:50-4:00 PM **Closing Remarks**

Glyn Morgan MD, MSc, FRCSC, FACS Chief of Transplant Surgery, Hartford Healthcare



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